

SHANKAR KUMARAN

Corporate Trainer | Keynote Speaker | Human Systems Strategist

Founder – Wayam | Life Education Institute



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PROFILE

A dynamic Corporate Trainer, Keynote Speaker, and Human Systems Strategist with 17+ years of experience designing and delivering high-impact learning interventions for MNCs, universities, and leadership teams.

Brings a rare synthesis of Indian Knowledge Systems, Yoga Psychology, and modern organisational science to develop programs in mindset mastery, leadership behaviour, emotional intelligence, and performance psychology.

KEY METRICS

Training Hours: 13,000+

Individuals Reached: 19,000+

Online Viewership: 2.5 Crore+ (across platforms)

Google Rating: 4.8★ | 646 Reviews

TEDx Talks: Speaker

SOCIAL PRESENCE

Instagram: 60,000+ Followers

Facebook: 35,000+ Followers

LinkedIn: 3,700+ Followers

CERTIFICATIONS

- ▶ Suicide Prevention – NIMHANS
- ▶ Hypnosis – UK Certification
- ▶ Indian Psychology
- ▶ Mind Mapping & Cognitive Structuring

CORE EXPERTISE

- ▶ Mindset & Performance Psychology
- ▶ Leadership Behaviour & Development
- ▶ Emotional Intelligence & Resilience
- ▶ Workplace Relationships & Communication
- ▶ Yoga Psychology in Organisational Contexts
- ▶ Indian Knowledge Systems (Vedas, Upanishads, Bhagavad Gita)

ACADEMIC FOUNDATION

Formal Education

- ▶ 6 Years Gurukulam Education – Vedas, Upanishads, Bhagavad Gita, Brahma Sutra, Yoga Sutra (Sanskrit medium)
- ▶ M.Sc Yoga Science – S-VYASA University (Distinction)
- ▶ B.Sc Yoga Science – S-VYASA University (First Class)
- ▶ M.A Sanskrit – Mysore Open University (State 9th Rank)

NOTABLE ENGAGEMENTS

Corporate & Institutional

- ▶ Delivered leadership & mindset programs for MNCs, Universities, and Educators
- ▶ Designed and led Residential Leadership Camps & Corporate Retreats
- ▶ Conducted Yoga Psychology & Mindset Sessions internationally – China

Academic & Speaker Roles

- ▶ TEDx Speaker – Amrita University, Coimbatore
- ▶ Teacher Trainer – Oxford University Press (Since 2023)
- ▶ Speaker at National & International Conferences – India & USA
- ▶ Featured on Doordarshan (National Television)

SIGNATURE PROGRAMS

- ▶ Mindset Mastery for Leadership Teams
- ▶ Emotional Intelligence at the Workplace
- ▶ Communication & Human Dynamics
- ▶ Resilience & Stress Management – Yoga Psychology Framework
- ▶ Indian Psychology for Modern Professionals
- ▶ Performance Psychology & Cognitive Structuring

CONTACT

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AUDIENCE SERVED

MNCs · Universities · Leadership Teams · Educators · Oxford University Press · Corporate HR Teams · Government Institutions

